

Chong Lee Taekwondo Summer Camp

For children from 5 to 13 years old – June 27th until August 26th, 2011

DESCRIPTION:

While practicing taekwondo techniques (8 hours per week), the children will discover the art of self defence (bulling, physical and verbal aggression): Self respect and to others, self confidence, develop sense of sharing and positive reinforcement. Different sparing techniques will be approached according to the rules and games of opposition. The activities will be performed in the dojang in all security.

INSCRIPTIONS:

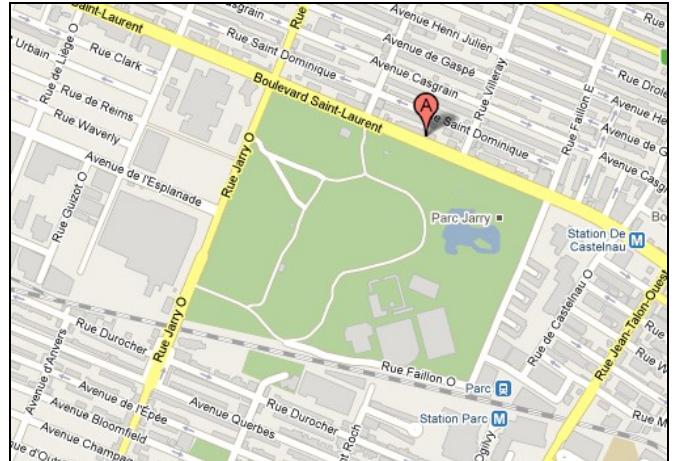
All inscriptions can be done on location or by phone. The inscription will be taken uniquely with a down payment of 50% (if the total invoice is over 300\$) and 50% ten days before the camp begins.



Chong Lee Taekwondo Inc.
7755, St-Laurent blvd. Suite 301
Monday to Friday: 10h00am to 10h00pm
Saturday: 10h00am to 10h00pm
Tel: 514-270-8239
Web: www.chongleetaekwondo.ca

For an inscription of 4 weeks or more per family you could have a reduction of 5%, 10% for 7 weeks or more. For two children and more you could have an extra 5% off per family. (This reduction is not applicable for the day care service).

To guarantee your place at the summer camp, it is strongly advised that you inscribe as soon as possible.



THE YOUTH PROGRAM OF CHONG LEE TAEKWONDO

For children the benefits of taekwondo are well recognized and multiple. Well guided by our qualified instructors, children acquire discipline, focus, self-respect as well as respect for others and their environment. It is not unusual to observe improvements in academic performance as well.

The principles of taekwondo:

- ❖ Courtesy
- ❖ Integrity
- ❖ Perseverance
- ❖ Self Control
- ❖ Indomitable spirit



Observing these principles include by default the practice of respect, humility, responsibility and healthy moral standards.

SUMMER CAMP SCHEDULE:

The summer camp will take place from 9h00am to 4h00pm. Day care is available before and after the schedule.

COST:

Per week: \$160.00 (tax included).

DAY CARE SERVICE

Day care is offered from 7h00am to 9h00am and from 4h00pm to 6h00pm. The cost is 30\$ per week (tax included) or 5\$ per session (morning or afternoon).

PAYMENT:

Cash payment, debit card and credit cards are accepted.

INCOME TAX:

Official receipts for your income tax will be sent by mail in February 2012.

LUNCH:

Bring your lunch and snacks.



TEAM AND SUPERVISION:

The animation team is composed of university students and specialised taekwondo teachers. The supervision ratio is two animators for 8 to 14 children, according to the group age.

COMPLEMENTARY ACTIVITIES:

Complementary activities are added daily. Some of those are; swimming, badminton, soccer, kickball, cinema, yoga, do-it-yourself activities and plastic arts. Every week some outings are organised in the Jarry Park at the pool, if the weather permits.